

The Virtual Parenting Experience



The Virtual Parenting Experience Programme

Day 2: Sunday, 1 August 2021

10am



Welcome to Day 2 of the
Virtual Parenting Experience!

10:03am



Introduction from the fabulous MC, Krijay Govender

10:08am



Digital Parenting: raising a screen savvy child -
Rianette Leibowitz

10:32am



The myths about childhood vaccinations that you
might still believe are true - Dr Carmen
(#MomDoc)

10:54am



Baby colic and calming - Meg Faure

Amazing prizes to the value of R102 000 to
be given away during the two days!

11:07am



I can't keep calm, I'm having a baby! What is Confident Hypnobirthing and a practical experience to create calm - Theoni Papoutsis

11:30am



Should you eat your placenta? - Heather Wood

11:43am



Reducing miscarriages and increasing IVF success rates - Debra Langley

12:04pm



Doing your breast: why breastfeeding is good for you and your baby - Judy Kirkwood

12:36pm



My baby seems to be ill. What should I look out for? - Dr Enrico Maraschin

1:01pm



Milestones – sitting, crawling, walking - Dr Tony Karpelowsky

1:22pm



Not tonight, honey: sex after giving birth and how to get your mojo back - Catriona Boffard

1:48pm



Struggling to fall pregnant: what are the conception options? - Dr Yossi Unterslak

2:16pm



The best accessory you can show off is a beautiful smile - Sarie Liebenberg

Amazing prizes to the value of R102 000 to be given away during the two days!

2:26pm



UIF for maternity benefits - Lana Hendrikse

2:52pm



Starting solids: a survival guide for parents -
Kath Megaw

3:12pm



Nutrition during pregnancy and why
supplementation is recommended -
Alisia Scalzullo

3:33pm



If you don't laugh, you'll cry: a hilariously
honest account of forgiving yourself as a
mother - Tumi Morake

3:59pm



Event closing by MC, Krijay Govender

**The
Virtual
Parenting
Experience**



Amazing prizes to the value of R102 000 to
be given away during the two days!